



# MANOHAR HOUSE

HOUSE MASTER :  
**MOHAMMAD  
IMRAN**



ASSISTANT HOUSE  
MASTER :  
**SHIVA KUMAR**

तेजसां हि न वयः समीक्ष्यते

## MANOHAR HOUSE

📍 MANIK NAGAR





## HOUSE MASTER

Mr. Mohammad Imran, our esteemed house master of Manohar House. Known for his unwavering dedication and commitment, Mr. Imran has been a guiding light for all of us, shaping not only our academic paths but also our characters.

As a senior student in Manohar House, I have had the privilege of observing Mr. Imran's leadership and guidance up close.

From the moment I joined this house after summer vacation, it was evident that Mr. Imran was more than just a house master—he was a mentor and a friend. His approachable nature and genuine concern for each student set him apart. Whether it was a minor issue or a significant challenge, Mr. Imran was always there, ready to offer his support and wisdom.

What stands out most about Mr. Imran is his belief in the power of education. He consistently reminds us that our studies are the key to a successful future and encourages us to prioritize our academics. However, his support doesn't end there.

Mr. Imran understands the importance of a well-rounded education, and he has been instrumental in ensuring that every member of Manohar House excels not only in their studies but also in extracurricular activities.

Mr. Imran's passion for sports is evident in his own athleticism, and this enthusiasm has greatly benefited our house. Under his guidance, Manohar House junior team has triumphed in inter-house competitions, winning both the football and kabaddi cups. His leadership on the sports field mirrors his approach to academics—focused, supportive, and driven by the desire to see each student reach their full potential.

As a senior, I've witnessed how Mr. Imran's influence extends beyond just the juniors. His encouragement and support have been crucial in helping us navigate the pressures of our final year in school. He has fostered a sense of community and belonging that makes each of us proud to be part of Manohar House.





## **ASSISTANT- HOUSE MASTER**

**“Unlock Your Potential:  
Believe in Yourself and Reach  
for the Stars”**

Unlocking one's potential is a journey that requires unwavering self-belief, unrelenting determination, And an unshakeable resolve to succeed. It is a path that is often fraught with challenges, setbacks, and Self-doubt, but one that ultimately leads to unparalleled growth, transformation, and triumph. To unlock one's potential, it is essential to cultivate an unshakeable faith in oneself, to silence the voice of self-doubt, and to reach for the stars

with unbridled enthusiasm and passion.

When we believe in ourselves, we unlock a deep reservoir of inner strength, resilience, and creativity that enables us to overcome even the most daunting obstacles and achieve the impossible. Self-belief is the spark that ignites the flame of determination, propelling us forward with an unstoppable momentum. It is the foundation upon which we build our confidence, our courage, and our character. When we believe in ourselves, we are no longer held back by the limitations of our own minds, and we are free to explore the vast expanse of our potential. We are able to dream big, to aim high, and to strive for excellence in every aspect of our lives. We are able to push beyond the boundaries of our comfort zones, to take risks, and to innovate. We are able to tap into our inner genius, to unleash our creativity, and to bring our most audacious ideas to life. And it is this unwavering self-belief that ultimately sets us apart from those who settle for mediocrity and propels us towards greatness.



## MANOHAR HOUSE....

Manohar House is named in honor of Shri Manohar Prabhu Maharaj, the second Peethadhipati (spiritual head) of the Shri Manik Prabhu Samsthan. Shri Manik Prabhu Maharaj, before attaining Maha Samadhi in 1865, anointed his 7-year-old nephew, Shri Manohar, as his successor. Despite his tender age, Shri Manohar Prabhu ascended to the sacred seat and diligently carried forward Shri Prabhu's spiritual legacy.

Shri Manohar Prabhu Maharaj was a master of the shastras (sacred scriptures) and a prolific poet, composing Stotri's, Padas, and Abhangas in multiple languages, including Sanskrit. Under his guidance, several significant developments were undertaken at the Shri Manik Prabhu Mandir, a marvel of architectural splendor. Shri Manohar Prabhu Maharaj attained Sanjeevani Mahasamadhi at the age of 19, leaving behind a lasting spiritual heritage.

The crest of Manohar House features a Deepa (lamp), symbolizing wisdom. The house motto is "तेजसां हि न वयः समीक्ष्यते", which translates to "Knowledge and spiritual radiance do not depend on age."

## *Manohar House, a Dream So True.*

In the heart of the morning's gentle hue, Stands Manohar House, with skies so blue.

A place where warmth and comfort meet,

A haven of peace on every street.

Each brick laid with care, each wall so strong, Echoes the melody of life's sweet song.

Windows open to the world outside,

Yet hold within a gentle pride.

Through every season, sun or rain,

Manohar House feels no pain.

It shelters love, it harbors dreams,

Where life flows like quiet streams.

The garden blooms with colours bright, Under the watch of stars at night.

Each corner tells a story true,

Of laughter, tears, and skies anew.

Manohar House, you stand so tall,

A beacon of hope, embracing all.

With every dawn, your beauty grows,

A cherished place where love still flows.

*Naveen 10<sup>th</sup> Bsec*





Nitesh Kumar  
8<sup>th</sup> B Sec

### ವಚನ ಸಾಹಿತ್ಯ ಪೀಠಿಕೆ ಬಸವಣ್ಣನವರ ವಚನೆ

"ಕಲ್ಲೆನು ನೀನು ಕಲ್ಲೆಮನೆ" ಹೀಗೆ  
ಅದರಲ್ಲಿ ಆಸೆ ತೊರೆದರೆ ಉಸಿರಿಲ್ಲದ  
ಕಲ್ಲಾಗುವುದು  
ಹೀಗೆ ಜೀವನವು  
ನಿರರ್ಥಕವಾಗುವುದು  
ಇದರಲ್ಲಿ ಆಸೆ ಇರದಿದ್ದರೆ ಮನಸ್ಸು  
ಇದೀಗ ಬಣ್ಣದಿಂದ ಕೆರೆವು  
ಇದರಲ್ಲಿ ಉಸಿರೋಡಿಸಬೇಕು.

#### ಅರ್ಥ:-

ಕಲ್ಲು ಸದೃಶ ಆಸೆ ಮಾತ್ರವೇ ನಮ್ಮ  
ಜೀವನಕ್ಕೆ ಪೂರಕವಾಗಿದೆ.  
ಆಸೆಯಿಲ್ಲದ ಮನಸ್ಸು  
ನಿರ್ಜೀವವಾದ ಕಲ್ಲಿನಂತೆ ಆಗುವುದು.  
ಬಾಹ್ಯ ಸುಂದರತೆಯು ಮಾತ್ರವೇ  
ಎಲ್ಲವಲ್ಲ, ಉಸಿರಿನಲ್ಲಿ ಆಸೆಯನ್ನು  
ಸೇರಿಸಿ ಮನಸ್ಸು ನೆನೆಸಬೇಕು.

ಅವಿನಾಷ ಪಿ  
7<sup>th</sup> B



### Kargil Diwas : A Tribute



On the peaks where eagles dare not fly,  
Our soldiers stood, reaching for the  
sky.

Amidst the snow, on rugged terrain,



They fought with valor, endured the pain.

Kargil's heights, where heroes tread,  
The ground stained with the blood they shed. For the motherland, their spirits soared, With every step, their courage roared.

In the silence of the mountains high,  
You can still hear their battle cry.  
For every inch of land they won,  
A story of bravery, of battles done.  
Through the storms and freezing night,  
They held their ground, they won the fight.

For freedom's cause, they took their stand,  
Guardians brave of our beloved land. Remember them on this sacred day. For their sacrifice, let us pray.  
Kargil heroes, forever strong,  
In our hearts, they still belong.  
Their legacy, a guiding light,  
A reminder to stand for what is right.  
Kargil Diwas, we honor with pride,  
Our soldiers' courage, our nation's guide.

*Mahesh (XI)*

## **Friendship's Essence :**

Friendship is like a fragile glass,  
Once shattered, its pieces scatter,

No matter how carefully we gather them,

The cracks remain, a reminder of what once was.

New friends sparkle like diamonds,

Bright and dazzling in their allure,

Yet, the glow of old friendships endures,

Like gold, timeless and pure.

Cherish these bonds, precious and rare,

For true friendship demands our utmost care.

Mend the fractures, treasure the past,  
For such connections are made to last.

Friendship is a treasure beyond measure,

A gift to be nurtured with love and care,

For when preserved, it shines forever,  
A gem beyond compare.



*-Shiv Darshan (IX,A)*



## Two Children and the Ghost

Once upon a time, on the edge of a dense jungle, there was only one route for villagers to take when traveling. It was said that anyone who walked that path alone would be captured by a ghost, and soon, blood would be spilled on the soil, leaving the villagers in fear. For years, no one dared to cross the jungle alone.



In a nearby village lived a father with his two brave children. One day, the father spoke to them, saying, “Children, it is time for you to go to school and get an education, but how can we reach there safely with the ghost haunting the jungle?”

The children, unfazed by the tales, reassured their father, “Don’t worry, Father. We are not afraid. We will go with you.”

Despite the fear, the father took his children to the school. When they reached the school, the principal welcomed them and praised their courage. However, deep inside, the father was still very scared.

Suddenly, as they were talking, the ghost appeared in front of them. The children, however, stood their ground and did not show any fear. They bravely said, “You may look terrifying, but we are not afraid of you!”

The ghost, surprised by their courage, asked, “How can you not be afraid of me? I am the ghost of this jungle!”

The children responded, “We are not afraid because we believe in ourselves and our courage. You only have power over those who fear you.”

The ghost, moved by their bravery and words, realized it could no longer scare the villagers. It disappeared, never to be seen again.

From that day on, the path through the jungle was safe, and the villagers could travel freely. The children went to school every day, learning and growing without fear. Their courage had saved the village.

### Moral of the story: -

Be confident in every situation

-Aditya J (7th B)



## **Manohar House Clinches Victory in Inter-House Football Tournament (Junior Division).2024-25**



The recent inter-house football tournament witnessed an electrifying display of talent, team work, and sportsmanship from all the participating teams. However, it was Manohar House that emerged victorious in the junior division, capturing the coveted trophy and the hearts of their supporters with their remarkable performance.

The tournament, held on the school grounds, saw fierce competition among the houses, with each team showcasing their best players and strategies. From the very first match, Manohar House demonstrated an exceptional level of skill and coordination. Their journey to the

finals was marked by impressive victories over formidable opponents, displaying not only their physical prowess but also a deep understanding of the game. A key figure in Manohar House's success was their house master, Mr. Imran, who played a crucial role from the sidelines. A skilled football player himself, Imran sir brought his experience and tactical knowledge to the team, guiding them with precise instructions and motivating them through hot the matches. His energetic presence was felt as he tirelessly managed the team, shouting directions for accurate passes, solid defensive strategies, and well-planned offensive moves.

The final match, played against the defending champions, was a thrilling encounter. Under the watchful eye of Mr. Mohd Imran, the players of Manohar House took to the field with determination and a well-devised strategy. Their swift passes, solid defense, and calculated attacks kept the opponents on their toes. The turning point came in the second half when a well-executed move, orchestrated by Mohd. Imran's guidance, resulted in a stunning goal, sending the crowd into a frenzy.

Throughout the match, Imran sir's encouragement and tactical guidance were evident. His ability to read the



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game and make real time decisions played a significant role in maintaining the team's focus and cohesion. His deep understanding of the sport and his ability to inspire his players was a driving force behind Manohar House's ability to withstand pressure and secure their lead.

As the final whistle blew, Manohar House was declared the winner, sparking joyous celebrations among the players, coaches, and supporters. The team was lauded for their hard work, discipline, and the camaraderie they displayed throughout the tournament. The principal, during the award ceremony, praised the team for their spirit and sportsmanship and acknowledged Imran sir's pivotal role in guiding the team to victory.

Manohar House's victory in the junior division is a testament to their dedication, training, and the guidance of Imran sir. His strategic planning, motivational skills, and ability to manage the team dynamically during the game were key to their success. The victory serves as an inspiration to all students, proving that with hard work, unity, and strong leadership, any goal can be achieved.

Congratulations to Manohar House for their well-deserved win! The spirit of sportsmanship, teamwork, and

excellent coaching exhibited throughout the tournament has set a high standard for future competitions.

The entire school community looks forward to more exciting performances from all the houses in the years to come.

### Manohar house junior Kabaddi team : A Glorious Victory



Recently achieved an outstanding victory in the inter-house competition, showcasing exceptional skill, teamwork, and determination. This remarkable success was driven by the leadership of **Captain Parmeshwar** and the pivotal contributions of key players Mahesh and Rohan, with notable performances from *Nitesh, Sharanu, Prem, Tarun, Prajwal, and Rishabh*.



**Captain Parmeshwar's** leadership was instrumental in guiding the team to victory. His strategic insights and motivational skills were evident throughout the competition. **Parmeshwar** led by example, demonstrating resilience and composure in high-pressure situations. His ability to rally his teammates and execute game plans with precision was a key factor in the team's success.

**Mahesh** emerged as a tactical genius, contributing significantly with his sharp understanding of the game. His exceptional ability to read the opponent's moves and execute well-timed raids and tackles provided Manohar House with a competitive edge. Mahesh skilful gameplay and strategic approach were crucial in securing critical points and maintaining the team dominance on the field.

**Rohan** energy and agility were pivotal in the team's performance. His relentless drive and quick reflexes allowed him to break through defences and make impactful raids. Rohan's speed and stamina played a significant role in keeping the opponents on their toes and contributing to the team's overall success.

□ **Nitesh** with his exceptional defensive skills and strategic blocking, Nitesh played a crucial role in safeguarding the team's points. His

ability to anticipate and counter the opponent moves added a solid defensive layer to the team's strategy.

□ **Sharanu** contributions were marked by his effective tackles and collaborative play. His coordination with teammates and his quick decision-making were essential in both defensive and offensive situations.

□ **Prem** agility and accurate raiding significantly impacted the game. His ability to evade defenders and score crucial points was a key element in the team's attacking strategy.

□ **Prajwal** robust gameplay and consistent performance provided stability to the team. His efforts in both offense and defence ensured that Manohar House maintained a balanced and effective approach throughout the competition.

□ **Rishabh** versatility and tenacity made him an invaluable player. His contribution in crucial moments, along with his ability to adapt to various game situations, was instrumental in the team's overall success. The journey to this triumph was marked by intense training sessions, strategic planning, and a cohesive team effort. The players dedicated themselves to perfecting their skills and executing their game plan with precision. The synergy



between Parmeshwar, Mahesh, Rohan, and the rest of the team created a formidable unit that excelled in the competition.

The victory of the Junior Kabaddi team is a proud achievement for Manohar House. It highlights the exceptional talent, dedication, and teamwork of all the players involved. The leadership of **Captain Parmeshwar**, coupled with the contributions of *Mahesh, Rohan, Nitesh, Sharanu, Prem, Prajwal, Tarun and Rishabh*.

## Meditation :



Is a practice that involves focusing the mind to achieve a state of calm, clarity,

and self-awareness. It can take many forms and serve various purposes, such as stress reduction, emotional balance, and personal growth. Here's a broad overview of meditation, including

some common techniques and benefits:

## Types of Meditation

### 1. Mindfulness Meditation:

- **Focus:** Pay attention to your thoughts, emotions, and sensations in the present moment.
- **Technique:** Observe your thoughts and feelings without judgment, gently bringing your focus back if you get distracted.

### 2. Concentration Meditation:

- **Focus:** Direct your attention on a single point of focus, such as a mantra, candle flame, or your breath.
- **Technique:** Use this focal point to anchor your mind and reduce distractions.



### **3. Loving-Kindness Meditation (Metta):**

**Focus:** Cultivate feelings of compassion and love toward yourself and others.

**Technique:** Repeat phrases like “May I be happy” or “May you be free from suffering,” and extend these wishes to others.

*Kamalkar K  
7<sup>th</sup> B Sec*

*Editor's by :  
P.RajeevKumar (XII)sci ,  
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### **Manohar House Team**

House Master	-	Mr. Mohammad Imran
Asst. House Master	-	Mr. ShivaKumar M
House Parent	-	Mr. Rajendar
House Member	-	Mr. Pundalik Patkure
House Member	-	MR. Vishnu Kulkarni
House Member	-	Mr. Shankar
House Member	-	Mr. Umesh
House Member	-	Ms. Uthara Prasad







