Edition 1/vol.1.5/Ref-JANUARY-2025





VP WELL-BEING MRS MEENAKSHI BANGA PANDEY

Message from VP Well Being

As we embark on another month together, I want to take a moment to reflect on the importance of nurturing a supportive and compassionate environment within our community. Pastoral care is at the heart of our school's values, ensuring that every individual feels valued, heard, and supported.

Together, we can create a network of care that reinforces our shared commitment to the holistic wellbeing of every child.

As always, my door is open for any concerns or suggestions you might have.



What is Happiness? By Editorial Board

A famous Turkish poet once asked his painter friend, Abidin Dino, to create a painting of 'Happiness'.

The painter depicted a family peacefully sleeping.
One leg of the bed was broken and supported by two bricks, and rainwater was leaking through the dilapidated roof of their house.

An umbrella was shielding them from the leaking rain. Even the family dog was sleeping peacefully on the bed.

This painting became immortal and world-famous. Looking deeply at this painting, let us ponder what happiness truly means, friends...

After seeing this painting, I believe that happiness is not the absence of problems, but accepting difficult situations and finding peace within them.

No matter how bad the situation, try to see the good in what you have. If you use what you have correctly, what you desire will come naturally.

Peace of mind is not in external matters, but in internal matters. Stop worrying about things beyond your control.

Whenever your heart feels heavy, remember this painting.

"Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma—which is living with the results of other people's thinking. Don't let the noise of others' opinions drown out your own inner voice. And most importantly, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary."

- Steve Jobs

News Highlights

- 1. On 2nd January, 2025 Prasanna Santosh, the celebrated Cricket Commentator and Sports Broadcaster was present at Manik Darshan. An interactive session was hosted where he shared valuable insights.
- 2. V.V.S Laxman visited The Manik Public School on 4th January, 2025. He inaugurated the Tennis Court and Cricket Pavellion.
- 3. Special Assembly was conducted by Muktabai House on the occasion of New Year.
- 4. A Classical Dance Performance was organized by Nupur Nritya Academy on 11th January, 2025. The event was held at Manik Darshan.
- 5. On 12th January 2025, Guru Nanak Public School, Bidar, organized a grand marathon event with a total of 6,800 participants. The marathon was graced by the presence of renowned actor and philanthropist Sonu Sood. The Manik Public School proudly participated with 25 students in various categories, showcasing remarkable talent and sportsmanship. The students performed exceptionally well, securing several top positions. Notably, Prashanti, who secured 2nd place in the 5 km Girls category, was awarded a cash prize of ₹4,000, and Mayawati, who secured 3rd place in the 5 km Girls category, received a cash prize of ₹2,000.
- 6. Another Special Assembly was conducted on 13th January, 2024 by Mahipati House to celebrate Makar Sankranti & Swami Vivekanand Jayanti.
- 7. An interactive session on creativity The Phunsukh Wangdu Way (Three Idiots) was organised by Mr. Dhruv Gera, Director Admissions for students. It was an engaging infotainment session.



"अधूरी दीवारें और अधूरी उम्मीदें"

हमारे भविष्य के वास्तुकारों के लिए एक अधूरी इमारत

हमारे स्कूल में शिक्षा के साथ-साथ स्वच्छता पर भी हमेशा ध्यान दिया गया है। लेकिन हाल ही में, अधूरे पड़े टॉयलेट का काम मानो "विराम" ले चुका है। बच्चे भी अब पूछने लगे हैं, "क्या यह दीवारें कभी पूरी होंगी?"

काम की धीमी रफ्तार देखकर लगता है कि यह इमारत किसी महान वास्तुकार की प्रतीक्षा कर रही है। हमें उम्मीद है कि जल्द ही यह रुकावट दूर होगी और हमारे छात्रों को साफ-सुथरे, सुंदर टॉयलेट मिलेंगे। लेकिन कब तक.....?

- उत्तम सिन्धु









తెలంగాణ గురించి అద్భుతమైన విషయాలు:

భారతదేశంలోని 29వ రాష్ట్రం తెలంగాణ 2 జూన్ 2014న భారతదేశం లో 29వ రాష్ట్రంగా అవతరించింది. ఇది ఆంధ్రప్రదేశ్ నుండి విభజించబడింది.

కాకతీయ సామ్రాజ్యం తెలంగాణ చరిత్రలో కాకతీయుల సామ్రాజ్యం చాలా ముఖ్యమైనది. వారు గోల్కొండ కోట మరియు రామప్ప దేవాలయంలాంటి చారిత్రక కట్టడాలను నిర్మించారు.

తెలంగాణ భాషా ప్రాధాన్యం తెలంగాణ తెలుగు భాషకు ప్రత్యేక శైలి మరియు పద్ధతులు ఉన్నాయి. ఈ భాషలో ప్రాచీన మరియు ఆధునిక సాహిత్యం ఉన్నది. MANIGIRI SAMVAAD

The Sly Fox

Once upon a time, a dog and a cock were best friends. They often wished to travel around the world. So, one day they decided to Leave the form -yard and travel into the world along the road that led to the woods.

The two comrades travelled in the very best of Spirits and without meeting any adventure to speak of. At nightfall, the cock looked for a place to roost. As was his custom, he spied a hollow tree nearby that would be able to accommodate them for a night's lodging.

The dog could crawl inside, and the cock would fly up to a branch.

Thus decided both the friends slept very comfortably. The cock awoke with the first glimmer of dawn. For a moment he forgot just where he was. He thought he was still in the farmyard where it had been his duty to arouse the house hold at day break.

So he stood on tiptoes flapped his wings & crowed lustily. But instead of awakening the farmer he had awakened a fox resting not far off in the woods. The fox immediately had delicious visions of a yummy breakfast. So he hurried to the tree where the cock was roosting.

He looked up to the cock and said very politely "A heartily Welcome to our woods, honoured sir. I cannot tell you how glad I am to see you here. I am quite sure we shall become the closest of friends.

The cock at once realised the fox's intentions. So, he said, "I feel highly flattered, kind sir. Please go around to the door of my house the foot of the tree

and my porter will let you in."
The hungry but unsuspecting
for went around the tree in a
twinkling, the dog caught hold
of him.

Moral - Those who try to deceive may expect to be paid in their own coin.

Name – Nivedita J chavan Class – 6th A Index No – A- 72 House – MKH

मकर संक्रांती By - Marathi Dept.

मकर संक्रांती हा भारतात साजरा होणारा एक महत्त्वाचा सण आहे. हा सण दरवर्षी १४ किंवा १५ जानेवारीला साजरा केला जातो. सूर्य मकर राशीत प्रवेश करतो, तेव्हा मकर संक्रांती साजरी केली जाते. या सणाला धार्मिक, सांस्कृतिक आणि कृषी महत्त्व आहे.

सणाचा धार्मिक आणि सांस्कृतिक महत्त्व हिंदू धर्मात मकर संक्रांतीला खूप महत्त्व आहे. या दिवशी सूर्य दक्षिणायनातून उत्तरायणात प्रवेश करतो, ज्यामुळे दिवस मोठे होऊ लागतात आणि रात्र लहान होऊ लागते. उत्तरायणाला शुभ मानले जाते, आणि त्याला 'देवांचा दिवस' असेही म्हणतात. या दिवशी गंगा, यमुना किंवा अन्य पवित्र नद्यांमध्ये स्नान केल्याने पापक्षालन होते, अशी श्रद्धा आहे.

महाराष्ट्रातील सण साजरा करण्याची पद्धत महाराष्ट्रात मकर संक्रांतीला मोठ्या उत्साहाने साजरे केले जाते. लोक काळ्या तिळाचे लाडू,



गूळ पोळी आणि अन्य पारंपरिक पदार्थ तयार करतात. "तिळगूळ घ्या आणि गोड गोड बोला" हा संदेश या सणाचा मुख्य आधार आहे. या दिवशी लोक एकमेकांना तिळगूळ देऊन आपसातील भांडण विसरण्याचा आणि प्रेमभाव वाढविण्याचा प्रयत्न करतात.

हळदी-कुंकवाचा कार्यक्रम मकर संक्रांतीच्या निमित्ताने महिलांसाठी हळदी-कुंकवाचा विशेष कार्यक्रम आयोजित केला जातो. यात स्त्रिया एकमेकींना हळद-कुंकू लावतात, गिफ्ट देतात आणि सणाचे महत्त्व सांगतात.

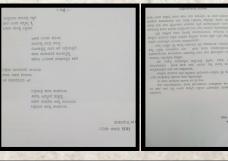
पतंगोत्सवाचे आकर्षण मकर संक्रांतीच्या दिवशी पतंग उडविण्याचा कार्यक्रम देखील महत्त्वाचा असतो. भारतातील विविध ठिकाणी, विशेषतः गुजरात आणि राजस्थानमध्ये, आकाश रंगीबेरंगी पतंगांनी भरून जाते.

शेती आणि मृकर संक्रांती मकर संक्रांती शेतीशी संबंधित सण आहे. या काळात रब्बी पिके तयार होतात आणि शेतकरी आपल्या मेहनतीचे फळ मिळाल्याचा आनंद साजरा करतात.

सणाचा संदेश मकर संक्रांती आपल्या जीवनात आनंद, प्रेम, आणि एकतेचा संदेश देतो. तिळगूळसारखा गोडवा आपल्या नातेसंबंधांमध्ये असावा, ही या सणामागची भावना आहे.

"तिळगूळ घ्या, गोड गोड बोला!"





MANIGIRI SAMVAAD 15 January 2025

MARATHON ACHIEVEMENTS





Artist - Mr. Arihant Bhatia

Sudoku Puzzle Solution

245|196|783 186|732|495 937|485|652

359|174|628 862|953|714 471|268|593

718|326|945 623|594|187 594|817|236

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